

Course Information Vodder Review 2017

MLD VODDER THERAPY 2 & 3 REVIEWS

- 23 & 24 September 2017, Belper, Derbyshire, taught by Prof. Hildegard Wittlinger (28 Places)
- 25 & 26 September 2017 Belper, Derbyshire, taught by Prof. Hildegard Wittlinger (28 Places)

The cost of each 2 day course is £270 with a £10 discount if you bring your own couch. A non-refundable deposit of £50 is payable on booking to secure your place. The balance of £220 (or £210 if you are bringing your own couch) is payable after July 1st 2017. After the 1st July 2017 please book by sending the full amount of £270. Spaces are limited to 28 on each course.

In order to enrol on this course it is essential that you have completed Therapy 2 & 3. Please submit a copy of your certificate with your deposit, if you have previously done so, there is no need to send me another copy.

Course venue

The Makeney Hall, Belper, Derbyshire, DE56 0RS. Telephone number 01332 842999. This venue is a four star country house hotel situated in a lovely rural setting with ample parking and rooms with ensuite bathrooms.

Makeney Hall is situated just off the A6 between Duffield and Belper. Please see their website for driving instructions: www.makeneyhallcountryhousehotel.venue-guide.com

[East Midlands Airport](#) is a 30 minute drive from the hotel. A shuttle bus ([Skylink](#)) operates regularly between the airport and Derby.

Duffield railway station is situated just 1.8 miles from the hotel and is a short taxi ride away. There are connections every hour from Derby. Call 08457 484950 or visit <http://www.nationalrail.co.uk/> for more up to date information. There is a regular bus service between Derby and Belper, via Duffield. Call 0870 6082608 for more up to date information.

Accommodation

A limited number of rooms are available at The Makeney Hall Hotel. Please contact the hotel to book directly (see above for contact details). Cheaper deals may be found on line, but there is a saving to be made for advanced booking. Bring your walking boots or running shoes as there are extensive grounds to explore! Please book your room at the Makeney to avoid disappointment.

Please note you are likely to need your own transport for the accommodation listed below.

The [Cedars Guest House](#) is situated in Belper about 2.5 miles from the venue. Telephone 01773 824157.

[Chevin Green Farm](#), telephone 01773 822328, is only 4 miles from the venue and provides B&B at reasonable rates.

The Mirabelle Guest House, telephone 01773 821414 or mobile 07967 409424, is 2.5 miles from the venue and offers bed and breakfast accommodation.

The [Talbot Hotel](#) is a 2.5 miles from the venue and offers bed and breakfast accommodation. Telephone 01773 822258.

Hayeswood Lodge is about 6 miles away from the Makeney, telephone 0115 9440338, website www.hayeswoodlodge.co.uk

Please note, I have no personal experience of the above accommodation.

I am offering bed, breakfast and evening meal for a limited number of students for £50 per night. Own room or shared room, and shared bathroom, own transport essential. Please ring me to book. For a list of other Bed and Breakfast accommodation in Belper, please visit www.visitus.co.uk.

There are several restaurants and cafes in the village of Duffield, 1.8 miles from the venue, with 2 pubs located within walking distance, and an Italian Restaurant called Angelo's 0.7 miles away from the Makeney Hall Hotel. The lunch break is only 1 hour, and the Makeney Hall Hotel are pleased to offer light lunches (soup or jacket potato or selection of sandwiches), payable and ordered through the hotel before 10.30 am on the day. If you don't pre order, you may not get your lunch in time as the hotel is very busy, especially at weekends. It is your responsibility to order and pay for your own lunch.

Course Times

The review class will start at 08.45 am and finish at approximately at 5pm with a break for lunch and tea/coffee. Registration is between 8am and 8.40 am on the first day of the course.

What to bring with you

Please bring with you all the usual bandages, foam, your own towels (preferably 2 large and 1 or 2 small towels) along with notebook and pens. If you are providing your own couch, please ensure it has a towelling couch cover and that you label your couch with your name. If you don't have sufficient bandages or foam, don't worry, you will be working in pairs and you can share bandages.

Booking and Payment

A booking form can be downloaded from my website or you can email your name, address, contact details (both home and mobile) and the dates you wish to attend to me. Please make your cheques payable to Lynda Carter and post to 41 Maidwell Close, Belper, DE56 1TE. Please write your name on the back of your cheque. Alternatively you can make a bank transfer to my Natwest account 63090740, sort code 60-02-18, with the code VR17 followed by your initial and surname. Confirmation of your place and a receipt for your payment will be e-mailed to you.

If you are able to provide your own portable massage couch for the Review a discount of £10 off the course fee will apply. If you are providing your own couch, please ensure it has a towelling couch cover. Please let me know in advance if you are intending to supply your own couch as I will be relying on these extra couches to run the Review.